



**from cells to community: solutions for spinal cord injury**

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Dear Parents and/or Guardians,

## INVITATION TO THE ICORD WHEELCHAIR SKILLS CAMP FOR KIDS

We are thrilled to announce that the International Collaboration on Repair Discoveries (ICORD), at 818 W 10th Avenue, will be hosting their first ever Wheelchair Skills Camp for Kids. We are eager to guide you and your child through fun and interactive workshops that will demystify manual wheelchair mechanics, maintenance and most importantly, mobility. By the end of the program, we hope that you and your child will have the knowledge and problem-solving skills necessary to safely and confidently maneuver around your home and community.

You and your child are invited to participate in a 4-Week Training Program in the month of June.

**Session 1: Saturday, June 1, 2013 at 11AM - 12:30PM**

Introduction and assessment of wheelchair efficiency

**Session 2: Saturday, June 8, 2013 at 11AM - 12:30PM**

Skills training in wheelies, transfers & curbs

**Session 3: Saturday, June 15, 2013 at 11AM - 12:30PM**

Skills training plus basic maintenance workshop led by guest mechanic

**Session 4: Saturday, June 22, 2013 at 11AM - 12:30PM**

Refine skills, goal setting and an inspirational presentation by guest speaker, Jocelyn Tomkinson, on the value of wheelchair skills and what it means to be independent.

Each 90 minute session will lead you and your child through an indoor training course that will simulate challenges someone in a wheelchair may experience at home, at school or on the road. To prevent injury, you will be given instruction on how to be a "Spotter" for your child as well as volunteers will be present to provide extra support.

We are grateful for your interest in ICORD's Wheelchair Skills Camp for Kids. Please be advised that **space is limited and the deadline to register is May 21**. For more information, please contact Warren Springer at [sawatzkylab@icord.org](mailto:sawatzkylab@icord.org).

Sincerely,

A handwritten signature in blue ink, appearing to read "Bonita Sawatzky".

Dr. Bonita Sawatzky